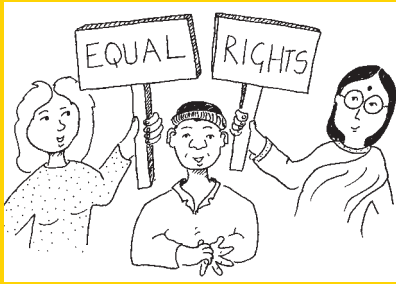




BIRMINGHAM
SAFEGUARDING
ADULTS

BOARD



Safeguarding Adults in Birmingham

What is safeguarding?

Safeguarding is about making people aware of their rights, protecting them and preventing abuse.

Some adults are less able to protect themselves than others as they are at risk because of their age, illness, a disability or a mental health difficulty.

The Birmingham Safeguarding Adults Board includes organisations such as the police, health trusts and the Department for Work and Pensions. We work together to share information to try to keep adults at risk safe from abuse.

What is abuse?

Abuse is when someone does or says something to you that makes you upset or frightened. Abuse happens in lots of different ways.



Physical abuse

This could be hitting, kicking or burning you.



Sexual abuse

This is when someone touches your body and does things to you that you do not like or that you don't want to do.



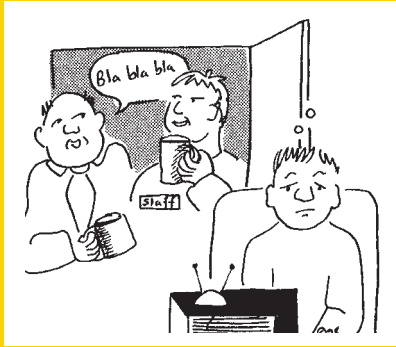
Emotional abuse

When people threaten or bully you or when they don't listen to you or believe what you say.



Financial abuse

When someone takes your money or doesn't let you have a say in how you spend your money.



Neglect

When someone says they are going to help you but they don't.



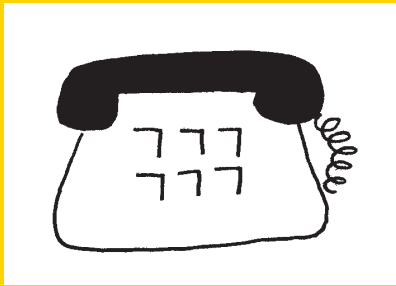
Discrimination

When people say bad things to you, or treat you unfairly because you are different from them.

This could be because you are:

- a different colour
- have a different religion
- have a disability
- are attracted to people of the same sex as you
- look different, or
- speak a different language.





More information

If you are concerned that an adult at risk is being abused, please contact the relevant number below.

Safeguarding Emergencies

If you have an adult safeguarding emergency
Phone: **999**

If you think there has been a crime

contact West Midlands Police
Phone: **101**

From outside the West Midlands:
Phone: **0345 113 5000**

If you are concerned that an adult at risk is being abused

Phone: **0121 303 1234**, press option 1

Services for people who are deaf, deafened or hard of hearing contact BID services

Phone: (voice) **0121 246 6100** or
Minicom: **0121 246 6101**

(People can register with West Midlands Police for an emergency text messaging service)

Mental Health Services

If the person you are concerned about has a mental health difficulty and is over 18

Phone: **South Birmingham 0121 301 2830**

Phone: **Central Birmingham 0121 303 5188**

Phone: **North Birmingham 0121 464 5123**



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